LUDLOW PRIMARY SCHOOL



NEWSLETTER



07.11.25

01584 873602

Dogs

A polite reminder that for health and Safety reasons, dogs are not to be brought onto school premises at either site please. This also includes carrying your dog.

If you bring your dog, please do not come any further than the main gates.

Thank you for your co-operation

Celebration Time

Congratulations to the following children who were celebrated in Assembly on Friday 24th October 2025. Well done all!

Mari Wood Bea Harkin Charles Jones Amelia Hamer Radi Ryadkov

Halona Bright James Thomas Archie Morris Sid Hogg

Noah Booth Archie Swayne Nia James Haisley Rose

George Howell Noah Ulyatt Archie Siveter





Children in Need is back on Friday 14th November.

This year the theme is to challenge yourself to 25, teachers are working hard to put together a <u>sports based</u> challenge for pupils to complete on Friday 14^{th} November. Please send in £1 sponsorship for your child to complete their challenge. Pupils will be able to wear sporty clothes into school on that day, this includes school PE kit.

To raise money for Children in Need, we will also hold a bake <u>sale</u> and any donations of cakes would be greatly appreciated. Ingredients will need to be clearly labelled and please remember we are a nut free school. Children will be able to bring in 50p to buy a cake during the day.

Thank you for all your support with our fundraising efforts!



Next week, we are taking part in the 'Switch off Fortnight' campaign! Children will be encouraged to switch off lights, switches and anything else electrical before going out for break time, lunch time and before going home. We hope that this will help us to become more sustainable and to save money by using less electricity!



Anti-Bullying Week 10th - 14th November

Anti-Bullying Week 2025 will take place from Monday 10th - Friday 14th November, with the theme: Power for Good.

The week will kick off with Odd Socks Day on Monday 10th, with adults and children being encouraged to wear odd socks to celebrate what makes us all unique.

Please wear your odd socks to school on Monday to show your support.

Be as colourful as you like!

Head Lice

We have had reports of head lice at both sites. Please check your child's hair regularly and treat accordingly.

Thank you



TOGETHERNESS



An update on

WELLBEING FOR EVERY SCHOOL PARENT

Your NHS learning space created by psychologists

https://togetherness.co.uk/

As the new term is now well and truly underway, we're delighted to share some helpful resources for parents experiencing all the big emotions of growing children.

Togetherness is the new face of inourplace, the NHS emotional health digital learning hub funded in your area to provide your family with free access to expert learning about childhood development, wellbeing, brain changes, and much more to help you to connect with your children and make sure they thrive.

Togetherness is an online learning environment developed by psychologists and health practitioners providing accessible learning about emotional health and wellbeing, proven to positively impact mental health, behaviour and relationships. To find out more about the free online courses please visit

Free wellbeing online courses in Shropshire and Telford & Wrekin – inourplace

Contacting Teachers and Senior Leaders

If any parent has a concern to raise with a teacher or senior leader, we respectfully ask this is done via the school office or admin email - admin@ludlowprimaryschool.co.uk and not Dojo or individual email addresses.

This will enable your query to be dealt with more effectively and efficiently.

Thank you

Parking

Please be considerate when parking near school, at all times.

We have been made aware of people parking in dangerous places and on the zig zags, making car park entry and exit difficult. The road outside Clee View was blocked recently, when a member of staff needed to be taken to hospital.

Emergency services must also be able to access both sites if required.

The local policing team have been made aware and will be making patrols at both sites.

Thank you for your help in this matter.

<u>Contact via Dojo</u>

If you have concerns about any incident in school which involves your child, please do not message class TAs through Dojo or by any other means. Please direct all queries to the class teacher.

Please do not message outside of normal office hours, as staff do not receive notifications in the evenings or at weekends.

Thank you



Our driver Healthy Body, Healthy Mind means that one of the things that we promote is having a balanced diet, rich in essential nutrients and therefore as a school a healthy lunchbox is important to us.

What should be in a healthy lunchbox?

Eating a healthy, balanced lunch is vital for ensuring children have the right nutrients and enough energy to see them through the school day, however, achieving this balance is not always as easy as it sounds. The key to a healthy packed lunch is variety and getting the right balance of foods to provide children with all of the nutrients they need to stay healthy. A packed lunch made at home can be a healthy and delicious choice and gives a parent or carer control over the foods and ingredients included.

These should be based upon the principles of the *Eatwell Guide*, encouraging a lunchbox to contain:

- a starchy food, e.g. potatoes, bread, rice, pasta
- · plenty of fruit and vegetables, e.g. carrot sticks, an apple, sliced cucumber
- · a source of protein, e.g. beans, pulses, egg, fish, meat
- · a healthy drink, e.g. water, semi-skimmed milk.

As a healthier lunchbox school, we suggest to parents/carers that foods high in fat, salt and sugars should not be included (such as crisps, confectionary and sugar-containing carbonated drinks).

There are lots of websites regarding lunchbox ideas and recipes. Here's a link to one of them: Lunchbox ideas and recipes – Healthier Families - NHS



EYFS/KS1 Site:

Sandpits Rd, Ludlow, Shropshire SY8 1HG

KS2 Site:

Clee View, Ludlow Shropshire SY8 1HX

Telephone: 01584 873602

Email: admin@ludlowprimaryschool.co.uk Website: www.ludlowprimaryschool.co.uk

2025

PD days: Monday 1st & Tuesday 2nd September 2025

Autumn term starts: Wednesday 3rd September 2025

Half term: Monday 27th October 2025 - Friday 31st October 2025

Autumn term ends: Friday 19th December 2025

2026

PD day: Monday 5th January 2026

Spring term starts: Tuesday 6th January 2026

Half term: Monday 16th February 2026 - Friday 20th February 2026

Spring term ends: Friday 27th March 2026

Summer term starts: Monday 13th April 2026

Bank holiday: Monday 4th May 2026

Half term: Monday 25th May 2026 - Friday 29th May 2026

Summer term ends: Thursday 16th July 2026

As you will be aware, we are not able to authorise holidays in term time due to government legislation introduced in 2013. Please note that other schools in the area may have different dates as schools have the flexibility to plan their own PD days. This information will also be on our website.

Dates for your Diary 2025 - 2026

Monday 10th November - Odd Socks Day - Anti bullying week

Wednesday 12th November to 14th November - Yr4 Malvern Residential

Wednesday 12th November - Yr 6 Height & Weight screening.

Friday 14th November - Reception Classes to Queenswood

Friday 14th November- Children in Need- Challenge yourself to 25.

Tuesday 18th November - Yr 3 Rocks and fossils workshop

Thursday 27th November - Christmas Fayre 5-7pm (More information to follow)

Wednesday 10th December - Christmas Lunch and Christmas Jumper Day

Wednesday 10th December - Reception classes Evening Christmas Performance

Thursday 11th December - Reception classes Afternoon Christmas Performance

Thursday 11th December - Year 1 classes Evening Christmas Performance

Friday 12th December - Year 1 classes Afternoon Christmas Performance

Tuesday 16th December - Yr 2&5 Christmas performance, St Laurence's Church

Thursday 18th December - Robins & Ash classes - Pantomime Ludlow Assembly Rooms

Friday 19^{th} December - Wrens & Oak classes - Pantomime Ludlow Assembly Rooms

Friday 19th December - Break for Christmas

Monday 5th January - PD Day (Staff only)

Tuesday 6th January - All children return to school