

LUDLOW PRIMARY SCHOOL



NEWSLETTER



17.10.25

01584 873602



Ludlow Food Bank

Harvest Collection

Thank you to everyone for your generous donations towards our Harvest Collection. It is very much appreciated.

All donations will be delivered to Ludlow Food Bank in the coming days.

Celebration Time

Congratulations to the following children who were celebrated in
Assembly on
Friday 10th October 2025. Well done all!

Lauren Cooper

Kacey Edwards

Martina Pretta

Bridget Cable

Iyla Taylor-Moffat

Jamie Davies

Ethan Burgoyne

Zara Nash



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If you require a hard copy of this Newsletter, please contact the school office at either site, thank you.

Contacting Teachers and Senior Leaders

If any parent has a concern to raise with a teacher or senior leader, we respectfully ask this is done via the school office or admin email - admin@ludlowprimaryschool.co.uk and not Dojo or individual email addresses. This will enable your query to be dealt with more effectively and efficiently.

Thank you



We are proud to be part of the Let's Go Zero campaign, working with a dedicated Climate Action Advisor to create a Climate Action Plan and embed sustainability into every aspect of school life.

We are committed to becoming a zero-carbon school by 2030.

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<https://togetherness.co.uk/>

As the new term is now well and truly underway, we're delighted to share some helpful resources for parents experiencing all the big emotions of growing children.

Togetherness is the new face of inourplace, the NHS emotional health digital learning hub funded in your area to provide your family with free access to expert learning about childhood development, wellbeing, brain changes, and much more to help you to connect with your children and make sure they thrive.

Togetherness is an online learning environment developed by psychologists and health practitioners providing accessible learning about emotional health and wellbeing, proven to positively impact mental health, behaviour and relationships. To find out more about the free online courses please visit

[Free wellbeing online courses in Shropshire and Telford & Wrekin – inourplace](#)

Secondary Application deadline – 31 October 2025

The closing date for secondary applications is 31 October 2025 which falls in the half-term holidays. If you have not already done so, we encourage you to submit an application as soon as possible but before the deadline date. This will ensure that if you encounter any problems, you can be supported/helped and to submit your application on time. There is no grace period for late applications. The link for the website is – [Transferring to secondary school | Shropshire Council](#)

The School Admissions Team strongly encourage parents to make use of their four preferences. Please see the Parents' Guide to Education in Shropshire Booklet for further information. The link to the document is [Parents' guide to education | Shropshire Council](#)

If you have already made an application and wish to add additional preferences/ change the order of preference, please contact school-admissions@shropshire.gov.uk

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Head Lice

We have had reports of head lice at our Clee View site.
Please check your child's hair regularly and treat accordingly.

Thank you



Hello from the **Family Information Service** (FIS for short).

Our job is to give you the info and resources you need to help your family life run a little smoother. We can help with:

- Childcare - finding it and advice on paying for it
- Local baby and toddler groups
- Events, clubs, activities, and fun things to do in the school holidays, for all ages
- Getting parenting and family support
- Finding health and wellbeing support



We cover everything and anything to do with family life, so if you have a question, chances are we'll be able to help, or if we can't, we'll point you in the direction of someone who can.

Follow us on social media for all the latest news and info.



Online Safety

As the modern world progresses, children now have access to being online through a range of devices. As a school, we believe that the internet can be a brilliant tool when used correctly.

We would like to invite you in as parents and carers for a brief talk about online safety. This will be about how you can keep your child safe online at home and other useful information, particularly around AI.

This will be on Tuesday 21st October 2:30 in our hall at Clee View. It would be lovely to see as many of you there as possible.

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Parking

Please be considerate when parking near school, at all times.

We have been made aware of people parking in dangerous places and on the zig zags, making car park entry and exit difficult. The road outside Clee View was blocked recently, when a member of staff needed to be taken to hospital.

Emergency services must also be able to access both sites if required.

The local policing team have been made aware and will be making patrols at both sites.

Thank you for your help in this matter.

Contact via Dojo

If you have concerns about any incident in school which involves your child, please do not message class TAs through Dojo or by any other means. Please direct all queries to the class teacher.

Please do not message outside of normal office hours, as staff do not receive notifications in the evenings or at weekends.

Thank you

Key Stage 2 Fundraising Team



Over the last half term, we have been working with Mrs Mellish to support the school's MacMillan coffee morning. We decided to make cakes to sell. We worked together to research and choose a recipe for our cakes; we wrote a shopping list and worked out the cost. With this research we decided on a price for your produce.

Next, we noted down the allergens contained in the cakes and made information signs. At the coffee morning, we split into two groups and sold the cakes across both of our sites.

Now for the exciting part, we made a gross profit of £64.80. Our costs were £22, which made our net profit £42.80. Being such a great charity, we wanted to donate the whole amount, so we met with Ms Collins to persuade her to let us donate the whole amount. After a long speech, we successfully persuaded her.

Our next fund-raising project will be announced soon.

We would like to thank all the parents who supported us at the coffee morning.

Barcley, Arabella, Toby, Logan, Sophie and James.

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Risks of using AI for mental health

AI chatbots and wellness apps are becoming increasingly popular, which may lead to your child accessing them to support their mental health.

What should I be concerned about?

- The information/advice given may not always be accurate.
- Privacy concerns of how data is collected and used.
- Children may use these apps rather than seeking help from an adult.

What can I do?

- Chat to your child regularly about what apps and websites they are using and why.
- Remind them AI is a tool and not a substitute for qualified professionals who provide tailored advice/support.
- Talk to them about how they should fact check information.
- Check age ratings.

Further information

<https://stigmafreementalhealth.com/blog/supporting-youth-mental-health-with-ai-a-guide-for-parents-and-caregivers/>

Would you like to read this newsletter in a different language? You can use the translate tool on our web version: <https://www.knowsleyc.lcs.org.uk/october-2025/>

YouTube

YouTube is one of the most popular platforms, available across many different devices - phones, tablets and Smart TVs etc. YouTube is intended for users over the age of 13, however, younger children can still access YouTube with consent from a parent/ guardian. There are different options available to access YouTube, depending on your child's age:



1. YouTube Kids – a separate app that includes a smaller selection of videos based on the age category you select: Preschool (ages 4 and under), Younger (ages 5–8) or Older (ages 9–12).

2. Supervised accounts – a parent-managed version of YouTube that allows you to control the content your child can access. You can select one of the following options:

- **Explore** - Generally for viewers aged 9+.
- **Explore more** - Generally for viewers aged 13+
- **Most of YouTube** - This setting includes almost everything except for videos marked as 18+.

Find out more: <https://support.google.com/youtube/answer/10315420>

What do I need to be aware of?

Whilst YouTube can be educational and fun, it is important to be aware of the potential risks, such as:

- **Inappropriate content**
- **Excessive Screen time** – particularly due to the autoplay feature.
- **Unwanted contact / cyberbullying** – particularly via comments if your child is sharing videos.
- **Algorithms** – algorithms influence what we see to keep us engaged. This can lead to a user being exposed to large amounts of content about one topic/theme, which may not be helpful if it is negative.
- **Adverts** that may not be aimed at or suitable for your child's age.

What can I do?

- Set up appropriate parental controls.
- Show your child the reporting and blocking tools available.
- Watch YouTube together or supervise use.

Further information

<https://www.internetmatters.org/parental-controls/entertainment-search-engines/youtube-app/>

WhatsApp

WhatsApp is incredibly popular with young people and is used for group chats, voice messages and video calls. **Users should be at least 13 years old to use WhatsApp.**

We frequently receive reports of children using WhatsApp inappropriately, such as sharing images to embarrass others, sending hurtful messages, spreading rumours, or excluding people from group chats to make them feel left out. Since WhatsApp lacks parental controls, it is important to think about whether it is really the right platform for your child. For example, you should consider if your child has the critical thinking skills to recognise bullying. Furthermore, do they understand how to manage peer pressure and refrain from joining in on hurtful behaviour?

What should I be aware of if my child is using WhatsApp?

- **Group chats:** Everyone within a group, even if they are not one of your child's contacts, will be able to see all messages within that group. If your child is added to a group with someone that they have previously blocked, that person can still see their messages and send them messages within the group chat.
- **Inappropriate content:** users can be exposed to content that is not suitable for their age.
- **Location sharing:** talk to your child about the potential danger of sharing their location.
- **Chat lock/secret code:** users can lock chats as well as apply a secret code setting so a chat does not appear in the main chat.
- **Screentime due to addictive nature**
- **AI:** WhatsApp includes Meta AI.

What can I do?

- Check privacy settings, for example check who can add them to groups.
- Ensure your child understands that they can leave a chat at any time, Find out more here: <https://faq.whatsapp.com/424124173736394>
- Show your child how to block and report other users. Find out how here: <https://faq.whatsapp.com/1142481766359885/>
- Use parental controls such as screentime controls or do not disturb to reduce alerts.
- Talk about who they are chatting with, encourage them to think carefully about the messages they send and how they might be received by others. Talk about positivity and not saying anything hurtful. Ask them to think about whether they would say what they are messaging, face to face.
- Chat to your child about the groups that they belong to.

Further information

Find out more here:

- <https://www.bbc.co.uk/bitesize/articles/zc8vvg8>
- https://faq.whatsapp.com/773166357950949?helpref=faq_content

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Italian Brainrot

Have you heard of Italian Brainrot? It is a viral trend consisting of AI generated characters featuring in memes and videos. It originally started on TikTok but can now be seen on other platforms such as YouTube and Instagram. There are also lots of spinoff content including a game on Roblox.

Whilst the content is generally nonsensical and children will find some of it funny, some content can include inappropriate/offensive language and content that might not be suitable for your child's age.

iOS 26

Apple have released their new operating system – iOS 26. Protect Young Eyes have published an article detailing the changes relating to your child's safety, including content filtering in Safari. Find out more here:

<https://www.protectyouneyes.com/blog-articles/a-parents-guide-to-ios-26>

Managing Digital Spending

Parent Zone have created a guide to help teach your child how to manage their online spending. You can read it here:

<https://parentzone.org.uk/article/managing-digital-spending-guide-parents>

ADHD, Screen Time, and Healthy Boundaries

Bark have created this guide for parents of children with ADHD to support you in helping your child create a healthy relationship with technology. You can access it here:

<https://www.bark.us/blog/adhd-kid-and-tech/>



Our driver Healthy Body, Healthy Mind means that one of the things that we promote is having a balanced diet, rich in essential nutrients and therefore as a school a healthy lunchbox is important to us.

What should be in a healthy lunchbox?

Eating a healthy, balanced lunch is vital for ensuring children have the right nutrients and enough energy to see them through the school day, however, achieving this balance is not always as easy as it sounds. The key to a healthy packed lunch is variety and getting the right balance of foods to provide children with all of the nutrients they need to stay healthy. A packed lunch made at home can be a healthy and delicious choice and gives a parent or carer control over the foods and ingredients included.

These should be based upon the principles of the *Eatwell Guide*, encouraging a lunchbox to contain:

- a starchy food, e.g. potatoes, bread, rice, pasta
- plenty of fruit and vegetables, e.g. carrot sticks, an apple, sliced cucumber
- a source of protein, e.g. beans, pulses, egg, fish, meat
- a healthy drink, e.g. water, semi-skimmed milk.

As a healthier lunchbox school, we suggest to parents/carers that foods high in fat, salt and sugars should not be included (such as crisps, confectionary and sugar-containing carbonated drinks).

There are lots of websites regarding lunchbox ideas and recipes. Here's a link to one of them: [Lunchbox ideas and recipes – Healthier Families - NHS](#)

**EYFS/KS1 Site:**

Sandpits Rd, Ludlow, Shropshire SY8 1HG

KS2 Site:

Clee View, Ludlow Shropshire SY8 1HX

Telephone: 01584 873602

Email: admin@ludlowprimaryschool.co.uk

Website: www.ludlowprimaryschool.co.uk

2025

PD days: Monday 1st & Tuesday 2nd September 2025
Autumn term starts: Wednesday 3rd September 2025
Half term: Monday 27th October 2025 - Friday 31st October 2025
Autumn term ends: Friday 19th December 2025

2026

PD day: Monday 5th January 2026
Spring term starts: Tuesday 6th January 2026
Half term: Monday 16th February 2026 - Friday 20th February 2026
Spring term ends: Friday 27th March 2026
Summer term starts: Monday 13th April 2026
Bank holiday: Monday 4th May 2026
Half term: Monday 25th May 2026 – Friday 29th May 2026
Summer term ends: Thursday 16th July 2026

As you will be aware, we are not able to authorise holidays in term time due to government legislation introduced in 2013. Please note that other schools in the area may have different dates as schools have the flexibility to plan their own PD days. This information will also be on our website.

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Dates for your Diary 2025 – 2026

Tuesday 21st October- 1Oak walk around Ludlow

Wednesday 22nd & Thursday 23rd October – Parents' Evenings at both sites

Friday 24th October – Break for half term

Monday 3rd November – All children return to school

Thursday 5th November- Basketball KS2 Church Stretton

Thursday 6th November- Tempest siblings and individual photos both sites

Thursday 6th November- KS1- Bedtime Stories (Sandpits Road)

Monday 10th November- Odd Socks Day – Anti bullying week

Wednesday 12th November to 14th November – Yr4 Malvern Residential

Wednesday 12th November- Yr 6 Height & Weight screening.

Tuesday 18th November- Yr 3 Rocks and fossils workshop

Wednesday 10th December – Christmas Lunch and Christmas Jumper Day

Tuesday 16th December- Yr 2&5 Christmas performance, St Laurence's Church

Thursday 18th December – Robins & Ash classes – Pantomime Ludlow Assembly Rooms

Friday 19th December – Wrens & Oak classes – Pantomime Ludlow Assembly Rooms

Friday 19th December – Break for Christmas

Monday 5th January – PD Day (Staff only)

Tuesday 6th January – All children return to school