

Warming Up



Follow the you tube link below and have fun either dancing or keeping the pulse to Do the Yeti. https://youtu.be/T9T5fJDy_ig



Winter Words Rhythm 1.

Here are 16 words and phrases. Read each one through and say it out loud. You will notice that some have one syllable, some two, some three and some four.

slip *let it snow* *frozen* *ice* *throwing snowballs* *frost*

build a snowman *icicle* *blizzard* *snowflake* *cold*

sledging *keeping warm* *feeling chilly* *hibernate* *slushy pavements*

Below is the Winter Grid with four columns. Each column has a rhythmic pattern at the top. Notice these rhythms have 1, 2, 3 or 4 notes.



Can you place each winter word/phrase in its correct column?

For example: 'Feeling chilly' has 4 syllables (Feel-ing chil-ly) so it would go in column 4 where there are 4 notes.

			<i>Feel-ing</i> <i>chil-ly</i>

If you've done it correctly you should have 4 words or phrases in each column. Check your answers by reading down each column. Each word or phrase should sound the same because they have the same rhythm.

Try chanting the words and phrases as follows:

- each row from left to right
- each row from right to left
- each column from top to bottom
- each column from bottom to top

Which way round sounds the best?