



Ludlow Primary School PE Vocabulary

Year 1

Ball
Dance
Hit
Kick
Moves
Roll
Skills
Throw

Year 2

Stroke
Swim
Action
Balance
Climb
Curl
Opponent
Repeat
Sequence
Stretch
Teammate
Travel

Year 3

Activity
Control
Field
Game
Improvement
Overarm
Position
Rules
Tactics
Team
Underarm

Year 4

Accuracy
Challenge
Communicate
Coordination
Distance
Hurling
Opposition
Physical
Possession

Year 5

Athletics
Backhand
Direction
Forehand
Gymnastics
Precision
Racquet
Speed
Stamina
Strength

Year 6

Agility
Attacking
Cardiovascular
Competition
Defending
Demonstrate
Endurance
Exercise
Fitness
Flexibility
Performance