## **Ludlow Community**

Free information, advice and support

## Helena Lane House

20 Hamlet Lane, Ludlow SY8 2NP



Every Monday 9.30-11am and Every Wednesday 1.30-3pm

You can chat, have a coffee and see how we can help you with:

- Housing support
- Children's health and wellbeing
- Healthy living advice
- Dementia support
- Family life

- Home fire safety
- Domestic abuse support
- Drug & alcohol support
- Financial advice







