LUDLOW PRIMARY SCHOOL



NEWSLETTER



12.09.25

01584 873602

Welcome Back

Dear Parents and Carers,

Welcome back to the new school year at Ludlow Primary School. We hope that you and your families had a restful, and enjoyable break. We are delighted to have all the children back in the school environment ready to learn.

This year promises to be full of exciting opportunities and meaningful learning. Our dedicated staff have been working hard to prepare a safe, engaging and supportive environment where every child can reach their full potential.

We deeply value the partnership between home and school, and we look forward to working closely with you to ensure a successful and fulfilling year for your child. Thank you for your continued support, trust and involvement in our school community.

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Nicola Collins

Headteacher

September 26th at Ludlow Primary School



Join us on Friday 26th September for the Macmillan coffee morning for a hot beverage and a slice of cake. As a school, we will provide the cakes available to buy. We suggest a small donation of £1.

Macmillan's coffee morning is their biggest fund-raising event to support people living with cancer. Each year they raise millions which goes towards funding cancer treatment and support.

Sandpits Road site will host the event in the hall at 9am - 10am.

At 9:00, parents and carers will have the opportunity to go into the children's classes to see the children's books and a have look around the classroom until 9:15 which will then be followed by the coffee morning.

Clee View site will host the event 10:15 - 11:15.

At 10:15 parents and carers will have the opportunity to go into the children's classes to see the children's books and a have look around the classroom until 10:30am which will then be followed by the coffee morning.

Having a coffee morning is the perfect chance to catch up over a cuppa and a slice of something delicious for a great cause. We look forward welcoming you



Lunch Bookings

We are aware some of you have been having problems booking lunches on Arbor. Please note you must top up your account with the relevant amount required (unless you are entitled to free school meals) when you make your meal choices and ensure you check out from your basket. This will ensure the meal choices are saved.

If you still encounter problems, please can you check if there is anything sitting in your basket. If there is, please click on the red button 'Empty Basket' This will then allow you select the meal options.



If you have any further problems, please contact either school office.



Our driver Healthy Body, Healthy Mind means that one of the things that we promote is having a balanced diet, rich in essential nutrients and therefore as a school a healthy lunchbox is important to us.

What should be in a healthy lunchbox?

Eating a healthy, balanced lunch is vital for ensuring children have the right nutrients and enough energy to see them through the school day, however, achieving this balance is not always as easy as it sounds. The key to a healthy packed lunch is variety and getting the right balance of foods to provide children with all of the nutrients they need to stay healthy. A packed lunch made at home can be a healthy and delicious choice and gives a parent or carer control over the foods and ingredients included.

These should be based upon the principles of the Eatwell Guide, encouraging a lunchbox to contain:

- a starchy food, e.g. potatoes, bread, rice, pasta
- plenty of fruit and vegetables, e.g. carrot sticks, an apple, sliced cucumber
- · a source of protein, e.g. beans, pulses, egg, fish, meat
- a healthy drink, e.g. water, semi-skimmed milk.

As a healthier lunchbox school, we suggest to parents/carers that foods high in fat, salt and sugars should not be included (such as crisps, confectionary and sugar-containing carbonated drinks).

There are lots of websites regarding lunchbox ideas and recipes. Here's a link to one of them: Lunchbox ideas and recipes – Healthier Families - NHS

Parents of Year 6 Pupils

Dear Parent

Your child is due to transfer to secondary school in September 2026. The online application process opens on the 1 September 2025 and closes on 31 October 2025. A letter will be sent home with your child, outlining the process. Alternatively, please follow this link - Apply to start or transfer school | Shropshire Council which takes you to the Shropshire Council Admissions website. Details about secondary school open evenings can be found in the Parents' Guide to Education in Shropshire booklet, on the same website

Applications received by Shropshire Council after the closing date will be classed as late, which may result in your child being disadvantaged, so please ensure you make your application on-time. <u>Late applications will not be processed until all on-time applications have been offered.</u>

Please note your child's cohort is larger than in previous years. You can name up to four schools on your application - we encourage parents to make full use of these preferences. If only one preference is named, and we cannot offer this, we will have no choice on National Offer Day but to offer a place at the next nearest school with a vacancy, which could be a considerable distance from your home address.

The School Admissions Team

Nursery Spaces

If your child is aged 3 or 4, spaces are still available, in our Acorns Nursery.

Please call into school for an application form or call us to book an appointment to speak to

Mrs Gill, the Nursery Manager.

School Uniform

A polite reminder that trousers, skirts, shorts and pinafores should be dark grey, not black.

Please also note that leggings should not be worn, as they are not part of our school uniform.

All children should wear black school shoes please, not trainers.

Thank you

Contact via Dojo

If you have concerns about any incident in school which involves your child, please do not message class TAs through Dojo or by any other means. Please direct all queries to the class teacher.

Please do not message outside of normal office hours, as staff do not receive notifications in the evenings or at weekends.

Thank you

Contacting Teachers and Senior Leaders

If any parent has a concern to raise with a teacher or senior leader, we respectfully ask this is done via the school office or admin email - admin@ludlowprimaryschool.co.uk and not Dojo or individual email addresses.

This will enable your query to be dealt with more effectively and efficiently.

Thank you



Autumn term starts:

EYFS/KS1 Site:

Sandpits Rd, Ludlow, Shropshire SY8 1HG

KS2 Site:

Clee View, Ludlow Shropshire SY8 1HX

Telephone: 01584 873602

Email: admin@ludlowprimaryschool.co.uk Website: www.ludlowprimaryschool.co.uk

2025

PD days: Monday 1st & Tuesday 2nd September 2025

Wednesday 3rd September 2025

Half term: Monday 27th October 2025 - Friday 31st October 2025

Autumn term ends: Friday 19th December 2025

2026

PD day: Monday 5th January 2026

Spring term starts: Tuesday 6th January 2026

Half term: Monday 16th February 2026 - Friday 20th February 2026

Spring term ends: Friday 27th March 2026

Summer term starts: Monday 13th April 2026

Bank holiday: Monday 4th May 2026

Half term: Monday 25th May 2026 - Friday 29th May 2026

Summer term ends: Thursday 16th July 2026

As you will be aware, we are not able to authorise holidays in term time due to government legislation introduced in 2013. Please note that other schools in the area may have different dates as schools have the flexibility to plan their own PD days. This information will also be on our website.





Online Safety Newsletter Sept 2025

Coverstar

Coverstar say they are "the safe TikTok alternative." They state, limitation..however, if you are under the age of 13, you must obtain parental consent." Users can post, comment and livestream.

Whilst Coverstar does not include private messaging, users can still interact via public comments. Coverstar does use moderation took to scan all user-generated content. It is also important to be aware that Coverstar does allow inapp purchases ranging from £0.99 -£59.99

If your child is using this app, ensure they know how to use the reporting tools. Bark provide a full review of Coverstar here, but they rate it as suitable for 10+

https://www.bark.us/appreviews/apps/coverstar-app-review

Test your knowledge: Online Scams

Childnet have created a quiz for 9-13 year-olds that includes a range of potential online scams, as well as tips to help your child protect themselves online. Find out more

https://www.childnet.com/blog/tes t-your-knowledge-about-onlinescams-with-our-quiz-for-9-13-year-

Online Safety Act

What is the Online Safety Act?

The Online Safety Act 2023 is a set of laws introduced to protect children and adults online. Ofcom is the regulator for online safety in the UK, responsible for ensuring companies follow the new rules. As part of this role, Ofcom have designed the Children Codes of practice, which came into force in July



2025. The codes outline what all online services likely to be accessed by children must do to protect children online, for example:

- · Enforce age limits.
- · Protect children from accessing harmful or age-inappropriate content. This includes content relating to self-harm and eating disorders.
- Ensure users can easily report harmful content.

Ofcom has the power to enforce the rules as well as issue fines if companies fail to comply. You can find out more here:

https://www.ofcom.org.uk/online-safety/protecting-children/new-rules-fora-safer-generation-of-children-online

How will it help to protect my child?

One of the main purposes of the Act is to protect children online. Ofcom has published information on how they are helping children to be safer online. The first link is a guide for parents, which also includes a section on what you can do as a parent. You can access this information here:

- https://www.ofcom.org.uk/online-safety/protecting-children/howofcom-is-helping-children-to-be-safer-online-a-guide-for-parents
- https://www.ofcom.org.uk/online-safety /protecting-children/how-the-online-safety-actwill-help-to-protect-children

Further information

Online Safety Act: explainer: https://www.gov.uk/government/publications /online-safety-act-explainer/online-safety-act -explainer

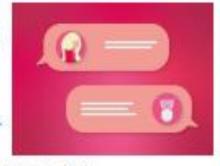
Would you like to read this newsletter in a different language? You can use the translate tool on our web version: https://www.knowslevc ics.org.uk/sept-2025/

Artificial Intelligence (AI)

What is AI?

All is when a computer/machine can learn and perform tasks like a human. Its popularity continues to grow, and examples include:

 Search engines such as Google now include an Algenerated overview as part of their results.



- · Virtual assistants like Alexa, Meta Al and Siri.
- Chatbots such as ChatGPT and My Ai from Snapchat.

Opportunities

Alican be an effective tool when used correctly, for instance:

- Homework children can use Al to support and assist their learning.
- Advice Al can be used to provide information and suggestions on a variety of topics.

Risks and concerns

- Misinformation ensure your child understands that AI can sometimes provide incorrect or misleading information.
- Privacy issues read any privacy policies before using.
- Chat apps a simple search of "Al Chat" within the App store highlights the number of apps already available that are not suitable for children as many are rated as 17+.
- Image manipulation there are Al tools that can be used to digitally remove clothes from photos, which clearly raises serious safeguarding and privacy concerns.
- Deepfakes there are also AI tools that create realistic, fake videos that can be used to spread misinformation or cause harm.

How can I protect my child?

To help keep your child safe online, it is important to:

- Check age ratings of any apps or websites that your child accesses.
- Develop your child's digital literacy by highlighting the risks of Al and showing them how important it is to verify what they see online.
- Set up appropriate parental controls on their devices/ broadband.
- Chat to your child regularly and ensure your child knows that they should talk to you or another trusted adult if anything concerns them.

Further information

- Overview: https://www.internetmatters.org/advice/by-activity/using-artificial-intelligence/what-is-ai-artificial-intelligence/
- Should you worry if your child has an AI friend? https://parentzone.org.uk/article/should-you-worry-if-your-child-has-ai-friend

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Roblox: Grow a Garden

Roblox is a platform consisting of a collection of games. Grow a Garden is one of the latest games available on Roblox and is extremely popular. The game is labelled as 'minimal' for content maturity, which Roblox define as "may contain occasional mild violence, light unrealistic blood, and/or occasional mild fear." Roblox believe that the game play is suitable for everyone. However, as the game is on Roblox, it is important to be aware of the following:

- Chat strangers can interact with your child
- In-game purchases this game does include in-game purchases.
- Screentime set limits for how long your child is playing.

A lot of the content on Roblex is user generated, which may mean not all games will be suitable for your child to view/play. If your child is playing Roblex, it is important to monitor what your child is accessing, ensure they know how to use any reporting tools and set up appropriate parental controls.

Further information

https://en.help.roblox.com/hc/enus/articles/30428310121620-Parental-Controls-Overview

Grooming online

Grooming is when somebody seeks to build a relationship with a child to exploit them or cause harm.

It is important that we teach our children how to recognise red flags. Childline have lots of useful information on their website, including where to get further support from:

https://www.childline.org.uk/infoadvice/bullying-abuse-safety/onlinemobile-safety/online-programs/



Hello from the **Family Information Service** (FIS for short).

Our job is to give you the info and resources you need to help your family life run a little smoother. We can help with:

- Childcare finding it and advice on paying for it
- Local baby and toddler groups
- Events, clubs, activities, and fun things to do in the school holidays, for all ages
- Getting parenting and family support
- Finding health and wellbeing support



We cover everything and anything to do with family life, so if you have a question, chances are we'll be able to help, or if we can't, we'll point you in the direction of someone who can.

Follow us on social media for all the latest news and info.



Friday 17th October 2025

Join us in wearing something red on Friday 17th October. It is aimed at showing racism "the red card". As a school community, we felt that this was a cause to show support to. Their slogan this year is: change hearts; change minds; change lives!

For a donation of £1, children will be able to wear something red as part of a non-school uniform day to help show support to this cause.

Show racism the red card!

Dates for your Diary 2025 - 2026

Monday 22nd September KS2 Alice in Wonderland production

Tuesday 23rd September - Flu immunisation for all children Reception - Yr6

Wednesday 24th September- Yr5 & Yr6 Football Church Stretton

Wednesday 24th September- Yr5 & Yr6 Open evening at Ludlow CE school

Thursday 25th September- Yr3 & Yr4 Cross Country Carding Mill Valley

Wednesday 22nd & Thursday 23rd October - Parents' Evenings at both sites

Friday 26th September- Macmillan Coffee Morning - both sites

Wednesday 1st October- Yr3 & Yr4 Football Church Stretton

Thursday 2nd October- Yr5 & Yr6 Cross Country Carding Mill Valley

Friday 17th October- Wear Red Day Showing Racism the Red card

Friday 24th October - Break for half term

Monday 3rd November - All children return to school

Thursday 5th November- Basketball KS2 Church Stretton

Thursday 6th November- Tempest siblings and individual photos both sites

Monday 10th November- Odd Socks Day - Anti bullying week

Wednesday 12th November to 14th November - Yr4 Malvern Residential

Thursday 18^{th} December - Wrens & Oak classes - Pantomime Ludlow Assembly Rooms

Friday 19th December - Robins & Ash classes - Pantomime Ludlow Assembly Rooms