

LUDLOW PRIMARY SCHOOL



NEWSLETTER



14.02.25

01584 873602

Tesco Stronger Starts

From now through to the end of March, we will be competing for the community grant in Tesco Ludlow.

The grant will be used to help us purchase resources to create a relaxing calm space for some of our students when they need a break from the classroom environment.

Blue tokens can be claimed every time you shop, even if you pop in for a small item, such as a newspaper. Please encourage your friends and family to vote for us too. The project with the highest number of votes will receive £1500, second place - £1000 and third place - £500.

Thank you for all your support.



We will be celebrating World Book Day on Thursday 6th March 2025!

You can either dress up as your favourite book character or wear your comfiest pyjamas.

Remember to bring a book you enjoy reading to recommend and share to others.

Ludlow Primary School 01584 873602

If you require a hard copy of this Newsletter, please contact the school office at either site, thank you.

School SEND updates

Following training through the **PINS project** (Partnership for Inclusion of Neurodiversity in Schools), all staff have made changes to their learning environments to make them SEND-friendly. This has included **decluttering displays** around the classroom to ensure children aren't overwhelmed, as well as ensuring all classrooms have **visual timetables** to help children feel less anxious about the routine of the day.

Dates for your diary:

PACC meeting Thursday 27th February 9-10am at Sandpits Road. All welcome. No need to book.

Neurodiversity Coffee Morning Wednesday 5th March 9am at Clee View with Hollie Jones. All welcome whether you are a parent of a child with SEND or not. No need to book.

Hollie Jones



I am a Neurodiversity Practitioner at Shropshire Council's Educational Psychology Service.
I am working with the Partnership for Inclusion of Neurodiversity in Schools (PINS) Project and I am hosting an information session for parents of neurodivergent children with or without a diagnosis.

This session will include information on:

- * Emotional regulation at home.
- * Meltdown and shutdown.
- * The process of processing.
- * Local services.
- * Living with neurodivergence.
- * Sleep.
- * Workshops.

Local SEND updates

Please see the latest Shropshire SEND Newsletter for Jan 2025 here.

<https://content.govdelivery.com/accounts/UKSHROPSHIRE/bulletins/3cf0013>

The newsletter aims to provide easy access to key information for SEND families.

PACC updates

Please follow the Shropshire PACC Facebook for important updates:

<https://www.facebook.com/share/1A72Q1aJ1W/?mibextid=wwXlfr>

Update on PINS project from PACC

<http://www.paccshropshire.org.uk/partnership-for-the-inclusion-of-neurodiversity-in-schools-pins-update>

Have Your Say: Help Shape the Future of Emotional Wellbeing and Mental Health Services. Please complete the survey below (open until Friday 7th March).

<https://www.shropshiretelfordandwrekin.nhs.uk/get-involved/cyp-emotional-wellbeing-and-mental-health-survey/>

Did you know that as a Parent Carer you are entitled to an assessment of your needs in your own right?

<https://next.shropshire.gov.uk/the-send-local-offer/social-care/childrens-social-care/parent-carer-needs-assessment/?>

Year 4 Football Tournament

We took a selection of year 4 children to Ludlow High School to participate in a football tournament on Thursday 13th February 2025. It was a very chilly morning, but all children were extremely well behaved and put their all into each game. One of the girl's teams and one of the boy's teams came first and will progress onto the next tournament next half term! Well done to all involved!



Celebration Time

Congratulations to the following children who were celebrated in Assembly on Friday 7th February 2025. Well done all!

Marlie Dulgheru Thomas Haslam Alannah Brookes Nia James

Mari Wood Herbie Gower Esme Jones Martina Pretta

Mollie Hawes Harley Nixon George Paddock

Connie-Mae Morris Crystal Morris



Top tips on how to keep your child healthy at school

Wednesday, 28 August 2019 10:00 AM



On the 28th August, the DfE blogsite published a blog: [Top tips on how to keep your child healthy at school.](#)

[Top tips on how to keep your child healthy at school – The Education Hub \(blog.gov.uk\)](#)

• This outlines that parents should ensure that children are up-to-date with vaccinations such as measles.

It also covers basic hygiene:

- > Wash their hands for at least 20 seconds using soap and water.
- > Use tissues for coughs and sneezes then throw them in the bin.
- > Avoid touching their face, particularly their eyes, nose and mouth

School Car Parks

A polite reminder about the use of school car parks.

Please do not use the car parks at Sandpits Road or Clee View to drop off or collect children, unless you have a prior arrangement with school.

When collecting children from any after school club at either site, please do not drive into the car park. We request you leave your car on the road and walk to meet your child. Lots of children are leaving school at the same time and any cars moving around the car park make this dangerous for them

Please help us to keep everyone safe.

Thank you

End of day collections

Just a polite reminder that if you need to change your usual end of day collection routines, please could you phone and inform the school office on either site.

Teachers do not always look at dojo throughout the day and sometimes these messages can be missed.

Thank you

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**What's your next move?
Become a PE Apprentice with us!**

APPLY TODAY 

PE Apprentice Vacancy

We are hiring a PE apprentice for September and are looking for inspiring role models to apply. If you are looking at beginning a career in education, please email **Beky Williams** beky@strideactive.org for more information and an application form to apply for Ludlow Primary School.



GET READY FOR A

PE APPRENTICESHIP

AT OUR SCHOOL!



ARE YOU...

- 16 + years old?
- Passionate about working with young people?
- Interested in sport and physical activity?

School Uniform

A polite reminder that trousers, skirts and pinafores should be dark grey, not black. Please also note that leggings should not be worn as they are not part of our school uniform.

All children should wear black school shoes please, not trainers.



Our driver Healthy Body, Healthy Mind means that one of the things that we promote is having a balanced diet, rich in essential nutrients and therefore as a school a healthy lunchbox is important to us.

What should be in a healthy lunchbox?

Eating a healthy, balanced lunch is vital for ensuring children have the right nutrients and enough energy to see them through the school day, however, achieving this balance is not always as easy as it sounds. The key to a healthy packed lunch is variety and getting the right balance of foods to provide children with all of the nutrients they need to stay healthy. A packed lunch made at home can be a healthy and delicious choice and gives a parent or carer control over the foods and ingredients included.

These should be based upon the principles of the *Eatwell Guide*, encouraging a lunchbox to contain:

- a starchy food, e.g. potatoes, bread, rice, pasta
- plenty of fruit and vegetables, e.g. carrot sticks, an apple, sliced cucumber
- a source of protein, e.g. beans, pulses, egg, fish, meat
- a healthy drink, e.g. water, semi-skimmed milk.

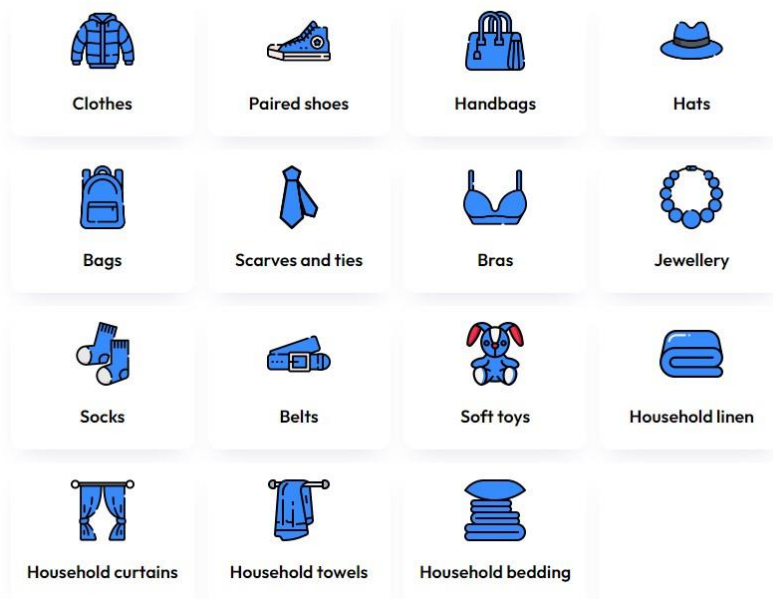
As a healthier lunchbox school, we suggest to parents/carers that foods high in fat, salt and sugars should not be included (such as crisps, confectionary and sugar-containing carbonated drinks).

There are lots of websites regarding lunchbox ideas and recipes. Here's a link to one of them: [Lunchbox ideas and recipes – Healthier Families - NHS](#)

Bag2School - Tuesday 11th March

If you have any of the following items your household no longer needs, please pop them in a bag and drop at either site on Monday 10th March. These will then be collected and weighed by Bag2School. The items are sent to different countries, so it is a great way to help others whilst raising funds for the school. The PTA will kindly use this money to help pay for trips, gifts etc for all the children in our school.

Items that can be donated:



SEND Opportunities

Please see below some further opportunities for pupils with SEND.

Actio are excited to share their new video highlighting the All-In programme. Actio is a collaboration between Energize Shropshire, Telford & Wrekin and PACC (Shropshire's Parent Carer Forum). Actio aims to improve activity opportunities for children and young people with SEND in Shropshire. Parent Carers and All-In members are encouraged to learn how Actio can support their child's wellbeing and explore new activities. Watch the video to find out why and how you can become an All-In member. Or if you're already an All-In member, you may be surprised at how many other activities are available for your child to attend.

Please watch the new video on Actio's website here:

<https://actioconsortium.wixsite.com/website/>

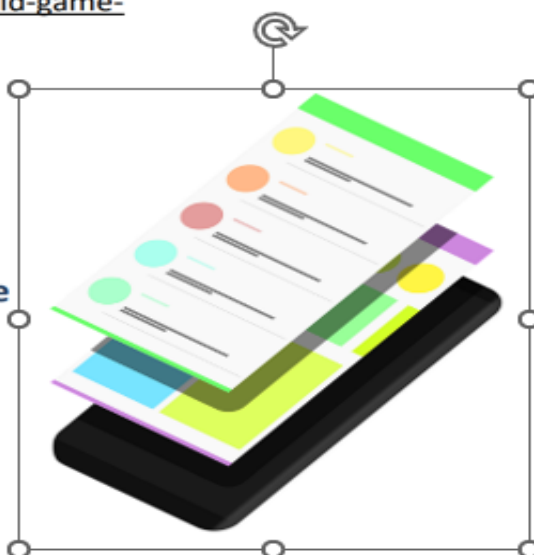
This month's newsletter contains lots of useful articles:

Squid Game – rated 15+

Season 2 of Netflix's Squid Game is now available and has been **rated 15** by the British Board of Film Classification (BBFC). You can find out why Squid Game has been rated 15 by visiting the BBFC: <https://www.bbfc.co.uk/release/squid-game-q29sbgvjdgvlbjpwwc01mzm3ndg>.

What is Snapchat?

Snapchat is a social media app used for messaging and sharing photos and videos. **You must be 13+ to sign up.** Users can send messages (snaps) to others that are only seen for a set time e.g., 10 seconds and users can also upload snaps to stories, which disappear after 24 hours.



Please access the full newsletter here: [online-safety-newsletter-february-2025_pdf_ludlow.pdf](#)

EXTRA SESSION ADDED – TUESDAY 11 FEBRUARY AT 12PM

Safer Internet Day

Online safety training for parents and guardians by West Mercia Police

Learn more about the dangers of kids being online and how you can help to keep them safe.

Join our free one hour online parent awareness session to give yourself a head start in an ever changing digital world.

Date: Tuesday 11 Feb 2025

Time: 10am

Location: Microsoft Teams via Eventbrite

Sign up to the Eventbrite session by clicking on the following link: <https://www.eventbrite.co.uk/e/online-safety-child-exploitation-session-for-parents-and-guardians-tickets-1123477364039?aff=oddtcreator>



Protect our children!

Childcare through the DFE

The DFE have launched a new site for parents to check if you are eligible for free childcare:

<https://www.gov.uk/check-eligible-free-childcare-if-youre-working>

There is also a childcare account that parents must log into every three months to ensure they get free childcare if they are working or for Tax-Free Childcare:

<https://www.gov.uk/sign-in-childcare-account>

Contacting Teachers and Senior Leaders

If any parent has a concern to raise with a teacher or senior leader, we respectfully ask this is done via the school office or admin email – admin@ludlowprimaryschool.co.uk and not Dojo or individual email addresses. This will enable your query to be dealt with more effectively and efficiently.

Thank you

Term Dates 2024 – 2025

2025

Half Term: Monday 17th February 2025 – Friday 21st February 2025

Spring Term ends: Thursday 10th April 2025

PD Day: Friday 11th April 2025

Summer Term starts: Monday 28th April 2025

Bank Holiday: Monday 5th May 2025

Half Term: Monday 26th May 2025 – Friday 30th May 2025

Summer Term ends: Friday 18th July 2025

As you will be aware, we are not able to authorise holidays in term time due to government legislation introduced in 2013. Please note that other schools in the area may be different as schools have the flexibility to plan their own PD days. This information will also be on our website.

Dates for your Diary 2024-2025

Thursday 6th March- World Book Day

Tuesday 11th March - Bag2School Collection

Thursday 13th March - 2 Oak to visit St John's Church, Ludlow

Friday 14th March - 2 Ash to visit St John's Church, Ludlow

Friday 21st March- Red Nose Day

Wednesday 9th & Thursday 10th April - Parents' Evening at both sites

Thursday 10th April - Year 4 Easter Church Performance

Thursday 22nd May- Yr 3 Shropshire Discovery Centre Workshop

Wednesday 11th June - Bag2School Collection

Tuesday 1st July- Yr 6 Induction Day Ludlow CE School

Wednesday 2nd July to Friday 4th July - Yr 6 Residential Trip to Manchester

Monday 7th July - Sea Legs Pantomime for EYFS and KS1 at Sandpits Road

Tuesday 8th or Wednesday 9th July- Yr 5 Taster Day Ludlow CE School