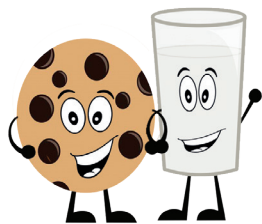




Fresh DINING



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Everyday favourites

Mid-week roast

Take-away day

SAMMY SWEETCORN SAYS...

'Enjoy your lunch'



OPTION 1	Hunter's Chicken	Pork Sausages	Roast Chicken Gravy	Chicken Chow Mein	Fish Fingers
OPTION 2	Pasta Neapolitan v	Vegetarian Sausages v	Quorn Balls v Gravy	Vegetarian Sausage Roll v	Pizza Selection v
JACKET BAR	Jacket Potato with Tuna Mayo	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Coleslaw
CARBS	Rice	Potato Wedges	Roast Potatoes	Diced Potatoes	Chips
PUDDING	Wafflemeister Waffle	Chocolate Cookie or Flapjack	American Pancakes with variety of toppings	Marble Sponge Custard	Fruity Friday A selection of fruit based desserts

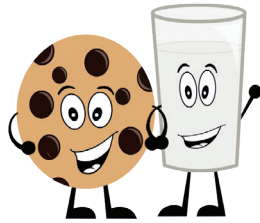
ALL SERVED WITH...



A choice of two vegetables, fresh fruit & fruit yoghurts ice-cream & sorbets



Fresh DINING



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Everyday favourites

Mid-week roast

Take-away day

SAMMY SWEETCORN SAYS...

'Enjoy your lunch'



OPTION 1

Chicken Goujons

Beef & Bean Chilli

Roast Pork Gravy

Chicken Tikka Masala

Pizza Selection

OPTION 2

Vegetable Lasagne v

Country Vegetable Bake v

Shepherdess Pie v

Quorn Burger v

Jacket Potato with Cheese & Coleslaw

JACKET BAR

Jacket Potato with Tuna Mayo

Jacket Potato with Cheese & Beans

Jacket Potato with Cheese

Jacket Potato with Cheese & Beans

Jacket Potato with Tuna Mayo v

CARBS

Potato Crunchies

Rice

Roast Potatoes

Rice or Diced Potatoes

Chips or Rice

PUDDING

Mini Doughnut

Syrup Sponge Custard

Chocolate Shortbread

Fruit Jelly

Fruity Friday
A selection of fruit based desserts

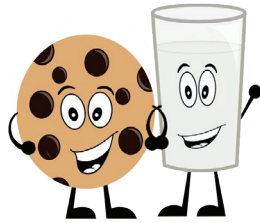
ALL SERVED WITH...



A choice of two vegetables, fresh fruit & fruit yoghurts ice-cream & sorbets



Fresh DINING



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Everyday favourites

Mid-week roast

Take-away day

SAMMY SWEETCORN SAYS...

'Enjoy your lunch'



OPTION 1	Pizza Nann	Fish Stars	Roast Beef Gravy	Chicken in a Bun	Tuna & Sweetcorn Pizza
OPTION 2	Quorn Dippers v	Mac 'n' Cheese v	Quorn Balls v Gravy	Cheese & Onion Roll v	Veggie Burrito v
JACKET BAR	Jacket Potato with Tuna Mayo	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese	Jacket Potato with Cheese & Beans	Jacket Potato with Cheese & Coleslaw
CARBS	Potato Crunchies	Garlic Bread or Potato Wedges	Mashed Potatoes	Diced Potatoes	Chips
PUDDING	Wafflemeister Waffle	Hot Chocolate Sponge & Custard	Cornflake Cake	Shortbread Selection	Fruity Friday A selection of fruit based desserts

ALL SERVED WITH...



A choice of two vegetables, fresh fruit & fruit yoghurts ice-cream & sorbets